

# Actions for GLBTT-SQ\* Wellness in Canada



## CRHC

## Provide

## Collaborate to Provide

## Educate/Promote

National

- Leadership at a national level
- Develop partnerships and participate in collaborative processes
- Articulate queer health and wellness issues in a determinants of health framework
- Undertake needs analyses to identify gaps and emerging issues in primary care and health promotion activities
- Maintain a website of resources
- Facilitate the development of a system of national queer helplines
- Develop national health promotion strategies and marketing campaigns for queer populations
- Research and publish best practice models of service delivery to queer people
- Identify research, including community research, needs, initiate research projects, and share findings
- Identify barriers to accessibility to health and social service systems
- Sponsor national conferences
- Undertake policy analyses and influence national policy and legislation
- Identify funding streams
- Assist in capacity building for members of CRHC
- Facilitate activism around national issues
- Foster community-based research and dissemination of results
- Provide occasions and resources for the development of provincial networks

- Develop standards of culturally-competent care in conjunction with national regulatory bodies
- Develop appropriate curricula materials and values on queer health and wellness issues
- Develop strategies to address phobias related to gender identity and diversity and sexual orientation in health and social service systems
- Revitalize HIV/AIDS prevention for gay men
- Provide skills building occasions
- Find and distribute models of practise
- Ensure the inclusion of queer issues in the curricula and in continuing education in health and social services
- Ensure the inclusion of sexual orientation and gender identify as descriptors in data collection

### Partners:

- |                                    |  |
|------------------------------------|--|
| • EGALE                            | • Canadian Civil Liberties Assn            |
| • Foundation Emergence             | • Kids' Help Line                          |
| • CAS                              | • Heritage Canada                          |
| • Planned Parenthood (Canada)      | • Justice Canada                           |
| • Canadian Human Rights Commission | • Centres of Excellent in Women's Health   |
| • Status of Women                  | • PFLAG Canada                             |
| • CAAN                             | • CCA                                      |
| • CPA                              | • DIAND                                    |
| • CTAC                             | • Unions                                   |
| • CASSW                            | • Health Canada                            |
| • National refugee organizations   | • Public Health Agency of Canada           |
| • CMHA                             | • Centres for Excellence in Women's Health |

- Secure core funding for the CRHC
- Explore a pan-Canadian, multi-sectoral process that links national, provincial and community resources to address Queer wellness
- Develop a funded pan-Canadian Queer health strategy
- Participate in the development, implementation, and evaluation of all programs that affect Queer people
- Ensure that the needs of Queer people are included explicitly in all social and health policies
- Secure adequate funding for health promotion in our community, e.g. smoking cessation and drug usage
- Increase available funding streams for Queer health organizations and initiatives
- Foster equitable funding for all our constituencies

### Targets:

- Health Canada
- Public Health Agency of Canada
- FTPC on Population Health
- Heritage Canada
- Status of Women
- CPHA

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## Networks or Coalitions

### Provide

- Coordinate provincial activities
- Develop provincial networks
- Analyze provincial policies and services to ensure they include Queer needs
- Develop position papers on specific issues
- Lead community development provincially
- Participate in the provision of help lines
- Outreach to rural people

### Collaborate to Provide

- Develop partnerships with other social-justice groups in the province
- Develop strategies to identify and redress phobias related to gender identity and diversity and sexual orientation in the development of policies and delivery of services
- Develop accreditation standards for provincially-regulated professions and funded services

#### Partners:

- Provincial AIDS/HIV networks
- Provincial human rights commissions
- Provincial health authorities or umbrella organizations
- Regional representatives of EGALE
- Regional health authorities
- Existing coalitions with a provincial mandate (e.g. CLGRO in Ontario)

### Educate/Promote

- Include Queer awareness and training in all mandated curricula in schools
- Secure funding for provincial and local queer wellness organizations
- Secure adequate services to meet the needs of queer people
- Ensure participation of the Queer community in the development, implementation and evaluation of all programs affecting them

#### Targets:

- Ministries of Health
- Ministries of Social Services
- Ministries of Community Services
- Ministries of Education
- Ministries of Public Safety
- Ministries of Justice

Provincial

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## Community-based Queer Wellness organizations

# Local

### Provide

- Provide peer support programs
- Sponsor drop-ins
- Sponsor local telephone help lines
- Initiate or participate in local health promotion activities
- Identify local gaps in services
- Hold community meetings and events
- Develop local networks
- Maintain repositories of community resources and service providers
- Undertake community development activities
- Establish social spaces
- Outreach to and support to rural queer people

### Collaborate to Provide

- Establish “safe schools”
- Identify and cultivate partnerships with other social justice agencies
- Identify and remedy the barriers to Queer people for health and social services
- Provide in-service training and professional development opportunities for local service providers
- Audit current levels of queer health awareness among service providers
- Facilitate collection and dissemination of queer health research
- local research initiatives

#### Partners:

- Planned Parenthood
- Queer organizations
- Community health centres
- PFLAG
- EGALE representatives
- Regional health authorities
- Local queer-friendly businesses
- Queer friendly religious institutions
- Social service agencies
- Criminal justice system
- Social and recreation services
- Women’s institutions
- University and college queer centres

### Educate/Promote

#### Objectives:

- Core and project funding for local queer services
- Include queer issues in school curricula
- Ensure that the needs of Queer people are included in all social and health services administered by the local government
- Maximize access to mainstream health and social services
- Ensure that the Queer community participate in the development, implementation, and evaluation of programs affecting them
- Undertake needs analyses to identify gaps in primary care and health promotion activities

#### Targets:

- Regional health authorities
- Regional government agencies: housing, welfare, legal sectors
- School trustees
- Provincial health departments on particular local issues
- Local professional training institutions, e.g. community colleges
- Local health care providers
- Foster integrated Health Networks

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